



Everyone deserves a good night's sleep

Sleep Health Disorder Checkup

Have you been told you snore loudly?	Yes	No
Have you been told that you stop breathing at night?	Yes	No
Are you often tired during the day?	Yes	No
Is controlling your blood pressure difficult?	Yes	No
Do you awaken with shortness of breath?	Yes	No
Do you fall asleep while reading or watching TV?	Yes	No
Do you ever have trouble concentrating?	Yes	No
Have you been diagnosed with Sleep Apnea?	Yes	No

**I want to learn about how sleep problems affect my health
Do not contact me.**

Name: _____ e-mail: _____ Contact #: _____

<u>Physician Use Only:</u>	Reviewed, order sleep study, titration and treatment if positive for OSA.
	<u>FAX to (888) 539 -3001</u>
	Reviewed, do not order sleep study ; place in chart.
Physician Signature: _____	Date: _____